



Topsy Mola GAICD

OWNER & PRINCIPAL CONSULTANT

Topsy is a proud Wagadagam and Dowareb woman with ancestral ties to Mabuiag and Murray Islands in the Torres Strait. With over 30 years of experience in human services and community development across Government and non-Government sectors, she is a dedicated advocate for empowering individuals and communities.

Specialising in cultural advisory services, strategic planning, and advocacy, Topsy delivers cultural awareness training and helps organisations build cultural capability through knowledge-sharing and tailored strategies.

Topsy has spent the past 15 years leading change for families impacted by domestic and family violence. Her expertise earned her a Ministerial appointment to the State Aboriginal & Torres Strait Islander Domestic & Family Violence Prevention Group.

An active community leader, Topsy has coordinated major events such as Townsville NAIDOC and Mabo Day celebrations for over a decade. As a graduate of the Australian Institute of Company Directors, she serves on multiple community-controlled boards and advisory groups, contributing to policy and program development.

Passionate about self-empowerment, Topsy is committed to helping individuals overcome barriers, reclaim their influence, and reach their full potential, skills and self-worth.



Let's have a yarn!



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CONTACT US



Who are we?

Mola Consulting is a 100% First Nations owned and operated cultural business, committed to helping organisations, individuals and groups to develop a deeper understanding and appreciation of our strong culture.

At Mola Consulting, we envision a world where Torres Strait Islander culture is deeply understood, respected, and embraced. Through our cultural knowledge, lived experiences, and strong ancestral foundations, we strive to empower individuals, groups, and organisations to walk alongside us in truth, respect, and unity.

We stand on the shoulders of strong matriarchs who have paved the way before us. We acknowledge them, we thank them, and we strive to be them. Guided by the values of 'good pasin'—respect, sharing, giving back, and passing on knowledge—we aim to create meaningful cultural connections that foster growth, empowerment, and self-determination. By honoring the wisdom of our Elders, we continue their legacy, ensuring our culture thrives for generations to come.

Our Values

CULTURE

To share the values, beliefs, systems and practices that are used to define who we are.

EMPOWERMENT

To empower lives in a way that allows people to create their own greatness and define their own destinies.

FAMILY

To uphold the deep-rooted family foundations, and celebrate the love, respect and connections that strengthens us.

COMPASSION

To help others achieve a greater sense of purpose and create happiness and meaning in their lives.

How we can make a difference...



CULTURAL MENTORING PROGRAMS

Shield of H.E.R.S Empowerment Program

(Honour, Empower, Respect, Survive)

A 6 week program designed to provide tools to empowerment for First Nations women aged 16 and over. We can also tailor to a specific group / age if required.

Pursuit of Excellence Program

(Small groups up to 15 individuals)

The Pursuit of Excellence Cultural Mentoring Program focuses on personal growth, skill enhancement, and mindset development. Participants will engage in a transformative cultural journey aimed at cultivating excellence in their professional and personal endeavours.



WORKFORCE DEVELOPMENT

Cultural Supervision

Mola Consulting provides one-on-one and group 'Cultural Supervision' to all staff of an organisation. Our cultural supervision offers a space for you to reflect on your practice and importantly provides cultural context which is often a critical component that is not available in mainstream supervision. Online and face to face options are available.

Cultural Awareness Training

Mola Consulting delivers Torres Strait Islander Cultural Training packages that focuses on history, government policies, stolen generation, Ailan Kastom (protocols and practices) kinship system, significant events and challenges. We can also tailor this training package to meet your needs.

Cultural Capability

Mola Consulting will work with you and your staff to provide the necessary tools to ensure your organisation is culturally safe and encourages growth for current and future Aboriginal and Torres Strait Islander employees.



COMMUNITY ENGAGEMENT & FACILITATION SERVICES

Our Vision

To set and uphold the standards of cultural accountability and connectivity, ensuring a strong foundation for future generations.